



Invitation to an Empowerment - Workshop for female* victims of racism and discrimination

The workshops are offered by *refugio thüringen e.v.* and *ezra*, which offers counseling for victims of racially motivated or antisemitic violence in Thuringia.

Racist discrimination, at times to the point of violence, is experienced in everyday situations: for example on the street, on public transport, at government agencies, at school, at work, during interactions with the police. The workshop aims to provide a space to talk about personal experiences and develop individual options for action.

The workshop addresses:

- ✓ How can I identify discriminating behavior?
- ✓ What are my rights?
- ✓ How can I deal with these issues? How can I react?

Speaker: Behshid Najafi works for agisra e.V. in Cologne. She is a political scientist and educator, and a longtime women's* rights activist.

Location: Mehrgenerationenhaus Sarterstift

Address: Alte Henneberger Str. 2, 98617 Meiningen

Date: 22. June 2019

Time: 10 a.m. to 5 p.m.

We look forward to your participation!

We can provide mediation in Arabic, English, Persian, Turkish, Kurdish, Russian, Somali and Tigrinya for participants that register before June 7th.

You are welcome to bring your kids and child care will be provided. Attendance free. To register, please send an email to **ProtectionAgainstViolence@refugio-thueringen.de** or call **0151 561 163 22**.

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